



Newark Public Library
presents



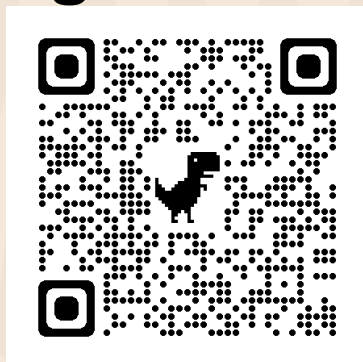
SOCIAL EMOTIONAL LEARNING (SEL) + SELF-CARE FOR BLACK FOLKS

A BLACK HISTORY MONTH WORKSHOP

Self care is not optional for African-Americans!
Join Love M. Gaillard, MSW, for an engaging
workshop to give folks the tools to reduce or
manage stress and get healthier, even while
dealing with racism, prejudice and
microaggressions.



Register here:



**February 28, 2024, 6 PM
4th Floor Auditorium
Newark Public Library
5 Washington St**