

"The greatness of a community is most accurately measured by the compassionate actions of its members." – Coretta Scott King



# NJ Resources (Coronavirus-19 Edition)

**Purpose of this infographic:** to provide NJ residents a one page summary of relevant information and resources sourced from sites such as NJ.gov, that are available as of 4/9/2020.  
**Please visit our website at:** [bit.ly/nj-covid](https://bit.ly/nj-covid) to access previous infographics.

## FINANCIAL RESOURCES

### Federal Coronavirus Aid, Relief and Economic Security Act (CARES Act)

**About:** Stimulus package for individuals and businesses

**Link:** <https://covid19.nj.gov/faqs/nj-information/general-public/how-does-the-cares-act-stimulus-package-help-me-or-my-business-how-do-i-get-my-economic-impact-payment>

**Updated:** 4/6/2020 from covid19.nj.gov

### NJHelps

**About:** Online Application and Screening Tool for Food Assistance(SNAP), Cash Assistance (WFNJ/TANF) or (WFN/GA), and Health Insurance (NJ Family Care/Medicaid)

**Link:** <https://www.nj211.org/njhelps-screening-tool>

**Updated:** 4/7/2020 from covid19.nj.gov

### Tax Relief for those affected by COVID-19

**Link:** <https://www.irs.gov/coronavirus>

## Senior Citizens/Disability Resources

### NJAble

**About:** People with a disability may qualify for disability expenses without losing eligibility for assistance programs like SSI and Medicaid.

**Link:** <https://savewithable.com/nj/home.html>

**Updated:** 4/7/2020 from covid19.nj.gov

### Division of Developmental Disabilities link:

<https://nj.gov/humanservices/ddd/resources/coronavirus.html>

**Updated:** 4/7/2020

### NJSAVE

**About:** Online application for low-income seniors and individuals with a disability to save on Medicare premiums, prescription costs, etc.

**Link:** <https://njdoas-ua.force.com/njsave/quickstart>

**Updated:** 4/7/2020 from covid19.nj.gov

### Senior Services

**About:** Comprehensive resource for senior citizens

**Link:** <https://www.state.nj.us/nj/community/senior/>

## HOUSING

### DCAid (from Division of Housing and Community Resources)

**About:** NJ Assistance Program: Rental assistance, Homelessness and Eviction Prevention, Home Energy Assistance and other programs! Additional information on website

**Link:** <https://njdca-housing.dynamics365portals.us/en-US/>

### Evictions and foreclosures protection for at least 60 days:

- a. 90 Day grace period for mortgage payments
- b. No Negative Credit Impacts due to COVID-19 related relief
- c. Relief from Fees and Charges (Please see attached link)

**Link:**

<https://www.nj.gov/governor/news/news/562020/approved/20200328c.shtml>

**Updated** on 3.28.20 from covid19.nj.gov

### Foreclosure Mediation Assistance Program (FMAP)

**About:** For renters and house owners: speak with a counselor for housing and rental assistance in your county.

**Link:** <https://njhousing.gov/foreclosure>

**Updated** on 4/7/2020 from covid19.nj.gov

## UTILITIES

**About:** All municipal and private-sector water utility, public electric, and gas utility service shut-offs are voluntarily suspended.

**Link:**

[https://www.bpu.state.nj.us/bpu/pdf/COVID19%20Utility%20Shutoffs%20Suspended\\_Press%20Release\\_3.13.20\\_FINAL.pdf](https://www.bpu.state.nj.us/bpu/pdf/COVID19%20Utility%20Shutoffs%20Suspended_Press%20Release_3.13.20_FINAL.pdf)

**Updated** on 4/7/2020 by covid19.nj.gov

## TESTING INFORMATION

**You don't need to have health insurance to be tested for COVID-19!**

**Check symptoms:** <https://self.covid19.nj.gov/>

### Testing centers information:

<https://covid19.nj.gov/faqs/nj-information/general-public/where-and-how-do-i-get-tested-for-covid-19-in-new-jersey-who-should-get-testing>

### Location site schedule:

<https://covid19.nj.gov/locations?query=Testing+Centers+schedule>

**Updated:** 4/7/2020 by covid19.nj.gov

## Mental Health

### NJ Mental Health Cares

**About:** Telephone counseling, emotional support and behavioral health services assistance.

**Toll Free Help Line:** 866-202-HELP (4357)

**Link:** <https://www.nj211.org/mental-health-resources>

**Updated:** 4/7/2020 from covid19.nj.gov

### NJ Mental Health Hotline

**About:** For emotional support, guidance and mental health referrals

**Phone:** 877.294.HELP (4357)

**Link:** [njmentalhealthcares.org](http://njmentalhealthcares.org)

**Updated:** 4/7/2020 from covid19.nj.gov

## SUBSTANCE ABUSE

### REACHNJ

**About:** Addiction Treatment for people with Substance Use Disorder (regardless of insurance status)

**Link:** <https://reachnj.gov/>

**Updated:** 4/7/2020 from covid19.nj.gov

### NJ FamilyCare and Medicaid

**Link:** <https://nj.gov/humanservices/coronavirus.html>

**Updated:** 4/7/2020 from nj.gov

## At-Risk Population

### At-Risk for Domestic Violence

**Statewide Domestic Violence Hotline:** 1-800-572-SAFE (7233)

**Text with an advocate:** text LOVEIS to 22522

**Chat with an advocate:** <https://www.thehotline.org/> Press CHAT NOW

**Suicidal Thoughts? Call:** 1-855-NJ-HOPELINE (855-654-6735)

**Link:** <https://njcedv.org/covid19/>

**Updated:** 4/7/2020 from covid19.nj.gov

### Homeless or at Risk?

Call 2-1-1 for assistance, available 24/7 and confidential

### Social Service for the Homeless Program

**About:** For families/individuals that are homeless or at risk, but not eligible for Emergency Assistance.

**Link:** <https://www.state.nj.us/humanservices/dfd/programs/ssh/>

**Updated:** 4/7/2020

### Emergency Assistance

<https://www.state.nj.us/humanservices/dfd/programs/emergency/>

### Worker Information Link:

<https://myleavebenefits.nj.gov/>

## Important Links

### Visit the official website of New Jersey at:

<https://covid19.nj.gov/>

**For General COVID-19 Questions:** Call 211 (From 7 am- 11pm)

**To speak with a Clinician:** 1-800-962-1253 (24/7)

**Text NJCOVID** to 898-211 to receive alerts.

**Visit the Centers of Disease and Prevention (CDC) to learn more on how to protect yourself against COVID-19**

**Link:** <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### Rumor Control:

**Link:** <https://www.njhomelandsecurity.gov/covid19>

### COVID-19 FAQ from NJ Department Of Health

**Link:** [https://www.nj.gov/health/cd/documents/topics/NCOV/COVID-19-PUBLIC%20FAQs\\_03212020.pdf](https://www.nj.gov/health/cd/documents/topics/NCOV/COVID-19-PUBLIC%20FAQs_03212020.pdf)

### COVID-19 Local Health Directory

**Link:** <https://nj.gov/health/lh/documents/LocalHealthDirectory.pdf>

## The NJ Community is rallying together!

During this difficult time, it is amazing to see the NJ community banding together to help each other, in whatever way they can. See for yourselves and join!

Here are 3 Facebook groups that we happened to come across in our search for resources. (There are plenty of other great resource groups as well!)

### Facebook Groups:

1. North Jersey Mutual Aid Resources
2. Central Jersey Mutual Resources
3. South Jersey Mutual Aid Hub

Care is taken to provide accurate information, as much as possible. However, please refer to the respective website for the latest updates.